



Faithful Centurion Anglican Orthodox Church

Ash Wednesday

The first day of Lent, commonly called
Ash Wednesday

First Sunday in Lent

Sunday Report



This report covers both Ash Wednesday¹ and the First Sunday in Lent².

Ash Wednesday

Ash Wednesday services were held in the evening on schedule. We did the Penitential Office and quite enjoyed the peaceful experience. As expected we had four in attendance.

In addition, to the Penitential Office, we read the propers which are found on pages 124 and 125 in the Book of Common Prayer:

LENTEN SEASON

The first day of Lent, commonly called
Ash Wednesday.

The Collect.

ALMIGHTY and everlasting God, who hastest nothing that thou hast made, and dost forgive the sins of all those who are penitent; Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. *Amen.*

¶ This Collect is to be said every day in Lent, after the Collect appointed for the day, until Palm Sunday.

For the Epistle. Joel ii. 12.

TURN ye even to me, saith the LORD, with all your heart, and with fasting, and with weeping, and with mourning: and rend your heart, and not your garments, and turn unto the Lord your God: for he is gracious and merciful, slow to anger, and of great kindness, and repenteth him of the evil. Who knoweth if he will return and repent, and leave a blessing behind him; even a meat-offering and a drink-offering unto the Lord your God? Blow the trumpet in Zion, sanctify a fast, call a solemn

¹ Ash Wednesday - The first day of Lent; -- so called from a custom in the catholic (meaning universal) churches of putting ashes, on that day, upon the foreheads of penitents.

² Lent - A fast of forty days, beginning with Ash Wednesday and continuing till Easter, observed by some Christian churches as commemorative of the fast of our Savior. [1913 Webster] a period of 40 weekdays from Ash Wednesday to Holy Saturday [syn: {Lententide}]

assembly: gather the people, sanctify the congregation, assemble the elders, gather the children, and those that suck the breasts: let the bridegroom go forth of his chamber, and the bride out of her closet. Let the priests, the ministers of the LORD, weep between the porch and the altar, and let them say, Spare thy people, O Lord, and give not thine heritage to reproach, that the heathen should rule over them: wherefore should they say among the people, Where is their God?

The Gospel. St. Matthew vi. 16.

WHEN fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward. But thou, when thou fastest, anoint thine head, and wash thy face; that thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly. Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal: but lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal: for where your treasure is, there will your heart be also.

¶ The same Collect, Epistle, and Gospel shall serve for every day after, unto the next Sunday, except upon the Feast of St. Matthias.

Why Ashes on Ash Wednesday?

Jesus went into the wilderness and fasted for forty days to prepare for his ministry. It was for Him a time of contemplation, reflection, and preparation. By observing Lent, most Christians join Jesus on His retreat.

The Lenten period is calculated to extend from Resurrection Sunday back for forty days, not including Sundays. Sundays are not included because they commemorate Christ's glorious resurrection on "the day after the Sabbath," "the first day of the week," "the Lord's day." Sunday is always a joyful celebration of the Resurrection. Therefore, the first day of Lent in the western Church is always a Wednesday.

Biblical societies relied very heavily on wood fires for heating and cooking, which meant that keeping ashes under control was a major housekeeping task. Then as now, if a person was preoccupied with something serious, they didn't always tend to the housekeeping—it's the least of their concerns. Imagine that there is a death in the family. A friend stopping by to pay their respects might gently say, "Did you know you have ashes on your face?"

So ashes became a sign of remorse, repentance, and mourning. Today someone might wear a black armband to signify that they are in mourning; back then people put ashes on their foreheads.

You can find biblical examples of this in 2 Samuel 13:19, Esther 4:1-3, Job 42:6, and Jeremiah 6:26. During Lent, ancient Christians mourned their sins and repented of them, so it was appropriate for them to show their sincerity by having ashes on their foreheads. The custom has persisted in the church as secular society has changed around us. It is most appropriate on Ash Wednesday, when we begin a period of sober reflection, self-examination, and spiritual redirection.

Ash Wednesday should remind Christians that they are sinners in need of a savior, and that their salvation comes at the sacrifice of God's Son:

But Christ came as High Priest of the good things to come, with the greater and more perfect tabernacle not made with hands, that is, not of this creation. Not with the blood of goats and calves, but with His own blood He entered the Most Holy Place once for all, having obtained eternal redemption (Heb. 9:11-12)

Some people only celebrate the happy times in Jesus' life: Palm Sunday, Easter Sunday, and Christmas. True friends also watch and pray with Him on Maundy Thursday, stand by Him at the cross on Good Friday, and go with Him into the wilderness during Lent.

Lent

Lent is coming up, it starts this coming Wednesday, called Ash Wednesday. So, what does the word **Lent** mean? It has an obscure origin, and is probably a corruption of Lencten, or a similar term in ancient Anglo, Saxon, and Germanic languages, all of which referred to spring, new life, and hope. Although it is generally considered to be a time of mourning and repentance, it is more than that, it is like death, a time of new life and hope because by means of the death of Christ, we receive new life.

Many avoid Lent and Holy Week because they think it isn't a happy and uplifting time—but to be honest, neither is most of life. Sometimes we come to church all scrubbed up, dressed nicely, with smiles on our faces, and when people ask how we are, we reply that everything is fine and we even boast how wonderful things are—but is it? Life is not always uplifting, or wonderful, or pleasant, or joyous. To claim it is, is to miss the whole point of the incarnation! God became flesh in Jesus Christ. Jesus faced temptation, He suffered hunger and thirst, He suffered the agony of crucifixion. Jesus our God did not face these things so that we would be exempt from them, He faced these things so that we would have dignity in them, He faced these things that in Him we might have triumph.

The forty days commemorate the significant "forty" periods in Scripture (although forty is not always significant), including the forty years the Jews wandered in the desert after they had been rescued by God from Egypt, and which did not end until they repented. Jonah preached to Nineveh that God's judgment would come on them in forty days. During that time the people repented and thus were spared God's judgment. Jesus was tested by the Devil in the desert for forty days before He began His public ministry, announcing salvation to the repentant and judgment to those who continued to rebel against God. Jesus prophesied that God's judgment would come against Israel for rejecting Him as Messiah within the time of His own generation (Matt. 24; Luke 21; Mark 13). Within forty years of His death, burial, and resurrection, Jerusalem was destroyed and the temple was so ravaged that "not one stone [was] left here upon another" (Matt. 24:2). The Jewish Christians, however, escaped this judgment of God by fleeing to Pella before the final Roman siege, just as Jesus had warned them to do (Matt. 24:16-21).

Lent is a time for Christians to contemplate their sinfulness, repent, ask God's forgiveness, and realize the infinite sacrifice God made on their behalf. It is to be a time of quiet contemplation, but not a time of despair, since it culminates in the commemoration of the resurrection. Traditionally, those who are joining the church spend this period in special instruction regarding Christian doctrine, practice, and responsibility. Historically, prospective members ("catechumens") did not participate in the Lord's Supper portion of the Sunday services until they were received into full membership on the Sunday of the Resurrection of Our Lord. For them, this first

experience of Ash Wednesday and Lent has special significance as God's eternal plan of salvation is applied to them personally.

When Jesus taught us how to pray, He didn't say, "If you elect to pray, do it this way..." and when He taught about fasting, He didn't say, "If you elect to fast, do it this way..."

He said, *when* you pray, don't do it for show like the hypocrites do. It's a conversation between you and God. And He gave us the Lord's Prayer as an example of what we should pray about:

Address God

"Our Father, who art..."

Submit to God's will

"Thy Kingdom come, thy will be done..."

Ask for your physical needs

"Give us this day our daily bread..."

Ask for forgiveness

"Forgive us our trespasses..."

To the degree that you yourself are willing to forgive...

"As we forgive our trespassers..."

Ask for help with temptations

"Lead us not into temptation..."

And preservation from evil

"Deliver us from evil..."

Recognizing whose world this really is

"For thine is the Kingdom, and the power and the glory, for ever and ever."



Similarly, Jesus told us that *when* we fast (not *if*) we are not to make a show of it, like hypocrites do. A fast is different from a hunger strike: a fast is a personal act of devotion to God, while a hunger strike is a public act most often used to shine a spotlight on injustice. A fast is also different from anorexia nervosa: it is *disciplined* diet, not total abstinence from food. During a religious fast, you still eat, you just abstain from certain foodstuffs. Traditionally, people have fasted by eliminating luxury items from their diets, such as meats. A fast can consist of eating whatever you want, but drinking only water.



More positively, you can fast in other areas beyond food, you can commit to a something that can benefit the church, such cutting back in an entertainment area, using that time for Bible study and donating the savings to the church.

On Palm Sunday, there were crowds who cheered Jesus as the King, but where were all those fair-weather friends when Jesus prayed in agony on Gethsemane, and where were they when He hung upon the cross? Let us be bold to join Him, fasting in the wilderness for forty days during Lent; let us be bold to pray with Him in the garden on Maundy Thursday, let us fearlessly stand at the foot of His cross on Good Friday, so that we may witness His Resurrection and His Ascension, and join in His triumphant reign.

Mite Boxes

If you read this report at all, you know the Anglican Orthodox Church (AOC), and this parish in particular, is not about money. Not that money is not useful, but the parish has plenty. Any extra we get, we send it to the AOC to use for their mission work. The AOC works on a very slim budget, they aren't about money either. The AOC is about the Great Commission; to go forth and spread The Word of the Lord:



18And Jesus came and spake unto them, saying, '...19Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost:
20Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world. Amen.'" (Mt. 28:19-20)

You may not realize it, but the AOC has national church affiliates in 22 countries around the world, that does take a little money. Not great quantities of money, but some and as a church, we would be dirt poor, if we had dirt.

So, that is where the Mite Boxes come in. Ash Wednesday is 22 February 2012; Easter Sunday is 8 April 2012. That period is Lent. Often thought of as a time for fasting, it is more importantly a time to channel your attention towards God. A time to let your heart open to the Holy Ghost that you might come closer to God and perhaps do His Work more effectively.

So, to exercise this concept, we are asking you to cut back. We know the economy is not really great and you are probably cutting back already. So, cut back a bit more. Take part of your savings every day and put it in the Mite Box. If you did not cut back on a given day, dig into your wallet or purse and cut out a bit of cash for the Mite Box anyway. Every day, except Sundays. Sundays are the Lord's Day and a day of celebration. They are not part of Lent. By Easter Sunday, you will have a full Mite Box. Bring it to church, this church, another church, that is best. If you cannot find a church to actually go to on Easter, you probably aren't looking hard enough, but pull the money out and send us a check, payable to the Anglican Orthodox Church and we will send it on.

One box for each member of the family. A little bit, just a mite, every day. Every day, miss none. Every day, every body in the family can do just a little bit. When you drop your daily contribution in, think, "Did I do what I could today for the Lord? Did I fall short or meet the standard? Can I do better tomorrow? Will I?" It should be a time of reflection. It will be if you do it.

By the way, what is a Mite Box? Named after the smallest of Roman coins, a normal wage of the time being 10 mites per hour, of which two were donated by the widow, in Mark 12:41-44 and Luke 21:1-4, it is normally a small cardboard box, say 3 inches each dimension, a cube piggy bank so to speak. If you don't have one, call, email or write. We have a pile of them.

Don't miss this opportunity to contribute to the Lord's Work and make your life better at the same time.

First Sunday in Lent

Sunday Report

Today was the First Sunday in Lent. Sunrise temperature on Mount Olympus was a lovely 38°F under bright blue skies. By the time church started, the temperature had climbed to 44°F. The nice weather brought four people to church.

Jack Arnold played *Lord I lift Your Name on high* for the gathering song.

Lord, I lift Your Name on high

Lord, I lift Your Name on high
Lord, I love to sing Your praises
I'm so glad You're in my life
I'm so glad You came to save us

You came from heaven to earth
To show the way
From the earth to the cross
My debt to pay
From the cross to the grave
From the grave to the sky

Christ be with me, Christ within me,
Christ behind me, Christ before me
Christ beside me, Christ within me
Christ to comfort and restore me.

Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.

We try to pick our gathering songs to have a wonderful message, be easy to sing and suitable for guitar accompaniment. *Lord I lift Your Name on high* is a congregation favorite.

Propers

Each Sunday there are Propers: special prayers and readings from the Bible. There is a Collect for the Day; that is a single thought prayer, most written either before the re-founding of the Church of England in the 1540s or written by



Bishop Thomas Cranmer, the first

The Collect for the Day is to be read on Sunday and during Morning and Evening Prayer until the next Sunday. The Epistle is normally a reading from one of the various Epistles, or letters, in the New Testament. The Gospel is a reading from one of the Holy Gospels, Matthew, Mark, Luke and John. The Collect is said by the minister as a prayer, the Epistle can be read by either a designated reader (as we do in our church) or by one of the ministers and the Holy Gospel, which during the service in our church is read by an ordained minister or our Deacon Striker.

The propers are the same each year, except if a Red Letter Feast, that is one with propers in the prayerbook, falls on a Sunday, then those propers are to be read instead, except in a White Season, where it is put off. Red Letter Feasts, so called because in the Altar Prayerbooks the titles are in red, are special days. Most of the Red Letter Feasts are dedicated to early saints instrumental in the development of the church, others to special events. Some days are particularly special and the Collect for that day is to be used for an octave (eight days) or an entire season, like Advent or Lent.

The Propers for today are found on Page 125-127, with the Collect first:

The First Sunday in Lent.

The Collect.

O LORD who for our sake didst fast forty days and forty nights; Give us grace to use such abstinence, that, our flesh being subdued to the Spirit we may ever obey thy godly motions in righteousness, and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

And due to the rubric, the Collect for the Day is followed by the Collect for Ash Wednesday, which is found on Page 124:

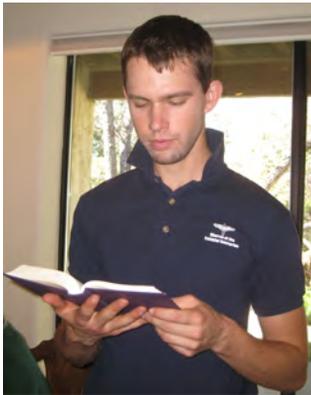
The first day of Lent, commonly called Ash Wednesday.

The Collect.

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all those who are penitent; Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. Amen.

¶ This Collect is to be said every day in Lent, after the Collect appointed for the day, until Palm Sunday.

Ryan Hopkins read the Epistle for today, which came from Paul's Second Letter to the Corinthians, starting at the First Verse of the Sixth Chapter. In what at first appears to be an incomprehensible single sentence, Paul asks us to be worthy of the grace that God has given us. He tells the people when they needed him, he was there. They need to be there for those around them. They must not frustrate God's work by showing up late, or not at all. Those around us are watching our actions in the time of testing. We have been given eternal salvation by Jesus' sacrifice, the understanding of the Gospel by the Holy Ghost. We are at this time dying here on earth, yet progressing towards eternal life in the next world, in Jesus' world with His help. While we may never be wealthy here on earth, our



actions can make our fellow Christians wealthy in spirit beyond measure.

If you claim to be a Christian, you know what is right. If you are a Christian, you do what is right, you don't take a vote to see what the right course of action might be. Right does not change with public opinion and we must do the right thing. It is our actions that count, in good times or bad. We are Christ's ambassadors to this world, unfortunately we do not have diplomatic immunity.

WE then, as workers together with him, beseech you also that ye receive not the grace of God in vain; (for he saith, I have heard thee in a time accepted, and in the day of salvation have I succoured thee: behold, now is the accepted time; behold, now is the day of salvation;) giving no offence in any thing, that the ministry be not blamed: but in all things approving ourselves as the ministers of God, in much patience, in afflictions, in necessities, in distresses, in stripes, in imprisonments, in tumults, in labours, in watchings, in fastings; by pureness, by knowledge, by long-suffering, by kindness, by the Holy Ghost, by love unfeigned, by the word of truth, by the power of God, by the armour of righteousness on the right hand and on the left, by honour and dishonour, by evil report and good report: as deceivers, and yet true; as unknown, and yet well known; as dying, and, behold, we live; as chastened, and not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

Deacon Striker Jack Arnold read this morning's Holy Gospel which comes from the



Gospel of Saint Matthew, starting at the First Verse of the Fourth Chapter. This portion of the Gospel tells the story of the temptation of Christ. In many respects, it shows how little the devil understands of Christ, and through Him, of us. If you understand how little the devil really offers you and how much Christ offers, the temptation is ever so much less. The devil is often referred to as the deceiver or dissimulator. His forte is deception, he seems one thing, is another. Offers what he has no intention or ability to deliver. Ignores the inevitable result of accepting his proffered help or inside track.

He clearly knows Jesus is the Son of God. There is no doubt in his mind. So, having understood that, consider what he offers Jesus in temptation.

Remember, Jesus has fasted 40 days OF HIS OWN CHOICE; he who has no real power asks Jesus to turn stone into bread to show His Power. This to the Son of He who delivered manna daily to the Jews in the wilderness for 40 years.

Cast thyself down and let angels catch thee; this to He who walked on water.

Up to the mountain lookout – Here is it all yours if you worship me. This to He who as it says in Psalm 95:

In his hand are all the corners of the earth; * and the strength of the hills is his also.

The sea is his, and he made it; * and his hands prepared the dry land.

O come, let us worship and fall down, * and kneel before the Lord our Maker.

For he is the Lord our God; * and we are the people of his pasture, and the sheep of his hand.

The devil promised Jesus nothing that was his to give, nothing that would help Jesus in the real world beyond the Shadowlands. He never does. The devil is all about shortcuts. Remember, if the shortcut was the best way, it would not be a shortcut

Like the temptation of Jesus, the devil never delivers what we need, only what we may want short term. Remember as little as the devil understands of Christ, so he understands little of us. He will never offer you real help. Remember that and the temptation is ever so much less.

This morning's Gospel comes from the Gospel of Saint Matthew, starting at the First Verse of the Fourth Chapter. This portion of the Gospel tells the story of the temptation of Christ. In many respects, it shows how little the devil understands of Christ, and through Him, of us. If you understand how little the devil really offers you and how much Christ offers, the temptation is ever so much less.

THEN was Jesus led up of the spirit into the wilderness to be tempted of the devil. And when he had fasted forty days and forty nights, he was afterward an hungred. And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread. But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple, and saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone. Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God. Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them; and saith unto him, All these things will I give thee, if thou wilt fall down and worship me. Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve. Then the devil leaveth him, and, behold, angels came and ministered unto him.

Sermon – Time and Action

Today's sermon brought the Collect, Epistle and Gospel together and is partly contained in the forewords above.



Consider these words from the Collect:

... Give us grace to use such abstinence, that, our flesh being subdued to the Spirit we may ever obey thy godly motions in righteousness, and true holiness, to thy honour and glory ...

In the Collect, we ask God to help us to subdue our natural evil tendencies so that we can live life here His way and honour His wishes so we can be truly happy. Without His help, we end up with what we want, not what we need.

Want and Need; two words, used interchangeably in both our speech and thought that do not mean the same thing. Think about that!

Following the thought of the Collect, Paul asks us to be worthy of the grace God has given us. He tells the people when they needed him, he was there. They need to be there for those around them. They must not frustrate God's work by showing up late, or not at all. Those around us are watching our actions in the time of testing. We have been given eternal salvation by Jesus' sacrifice, the understanding of the Gospel by the Holy Ghost. We are at this time dying here on earth, yet progressing towards eternal life in the next world, in Jesus' world with His help. While we may never be wealthy here on earth, our actions can make our fellow Christians wealthy in spirit beyond measure.

If you claim to be a Christian, you know what is right. If you are a Christian, you do what is right, you don't take a vote to see what the right course of action might be. Right does not change with public opinion and we must do the right thing. It is our actions that count, in good times or bad. We are Christ's ambassadors to this world; unfortunately we do not have diplomatic immunity.

When the devil attempted to tempt Christ, he shows how little he knows of Him. If we emulate our Lord, it shows how little the devil will be able to tempt us with his deceit.

Consider how little the devil really offers you and how much Christ offers, the temptation is ever so much less. The devil is often referred to as the deceiver or dissimulator. His forte is deception, he seems one thing, is another. He offers what he has no intention or ability to deliver. He ignores the inevitable result of accepting his proffered help or inside track.

He clearly knows Jesus is the Son of God. There is no doubt in his mind. So, having understood that, consider what he offers Jesus in temptation.

Remember, Jesus has fasted 40 days OF HIS OWN CHOICE; now comes the devil daring Him to show His Power by turning the stone into bread. This to the Son of He

who delivered manna daily to the Jews in the wilderness for 40 years.

Cast thyself down and let angels catch thee; this to He who walked on water.

Up to the mountain lookout – Here is it all yours if you worship me. This to He who as it says in Psalm 95:

In his hand are all the corners of the earth; * and the strength of the hills is his also.

The sea is his, and he made it; * and his hands prepared the dry land.

O come, let us worship and fall down, * and kneel before the Lord our Maker.

For he is the Lord our God; * and we are the people of his pasture, and the sheep of his hand.

The devil promised Jesus nothing that was his to give, nothing that would help Jesus in the real world beyond the Shadowlands. He never does. The devil is all about shortcuts. Remember, if the shortcut was the best way, it would not be a shortcut

The temptation of Jesus is no different than his attempt to tempt us! The devil never delivers what we need, only what we, in our imperfect want. Remember as little as the devil understands of Christ, the same way, as we are in God, so he understands little of us. He will never offer you real help. Remember that and the temptation is ever so much less.

Or, as my father said, “Keep your eye on the donut, not on the hole”

New Nametags

We had no new nametags today.

After Church Hospitality

Today we had no snacks as Jack decided we were on a low carb regime. So, right after church the congregation went to Manañas Mexican food in the next village down the hill! Maybe next week the fatted dog nut!

After church goodies providers as currently signed up:

Date	Name
4 March 2012	Jack Arnold
11 March 2012	Opportunity Available
18 March 2012	Opportunity Available
25 March 2012	Opportunity Available
1 April 2012	Opportunity Available – Palm Sunday
8 April 2012	Opportunity Available – Easter Sunday

People in our Prayers - <http://faithfulcenturionprayerteam.blogspot.com/>

Why? Prayer is an extremely important activity.

It is not that God knows not our needs, for He surely does. Yet, Jesus commanded us to ask God for those same needs. In addition to the obvious of asking God for help, offering thanksgiving and the like, prayer helps us focus our thoughts on how we might do God's work.

The Prayer Team of the Church of the Faithful Centurion was established to help our

members and fellow Christians pray for those in need and to give thanks as well for the blessings we have been granted.

Who can be on the list? Do I have to be a member of the Church of the Faithful Centurion to be prayed for?

No! The only qualification to be on the list is that you want our prayer team to pray for you. We are Christians and are happy to pray for you, no matter who you are. If you want help from God, you are our kind of people.

What is the commitment from the prayer team?

Each member of the team will pray for the desired outcome at last once per day.

How do I get myself or someone else on the prayer list?

You can email one of the prayer team leaders: Jack - jack@faithfulcenturion.org or Dru - dru@faithfulcenturion.org, or call the church office at (619) 659-3608 or fill out a prayer card at church.

What should I ask for?

Depends on what you want. Some people merely want God to be asked to heal their ills and be mentioned by their first name, others want a specific outcome and / or have more of their personal information known to the team. Ask for what you want. It is your desire and need for prayer the team is attempting to meet. For typical examples, see the list below.

Updating the Team

If you are on our prayer list, or if you have submitted a person that you have asked us to pray for, please update one of the team members or Hap in person, by telephone or email. It helps to be able to pray specifically for these individuals including their specific needs; plus if they get better, it is nice to give thanks!

Please note that on the yellow (maybe green or orange if you get an old one) cards at church, you can ask that those to be prayed for have their names disseminated to the prayer team. Those names will be said in church and appear here. Or, you can ask that their names and purpose be kept confidential, then only Hap will know to pray for them.

Prayer List Notice – If you have someone on the prayer list and their needs have changed, please let us know. We'd like to update our prayers to reflect the need and most important to give thanks!

Travel

Bishop Jerry is on travel this week.

Betty Hoffman is on travel this week.

Move

The Thomas Family is on a short tour assignment in Guam for the next two years. Please pray for the assignment to go well for Kurt and for Mary and the kids to make new friends and Kristyna and Mitchell in particular to develop good friends and school mates there so as to further their development. Things seem to be going well where the sun rises on the United States, so keep praying! Give thanks and ask for continued good developments.

Birthday

Dru Arnold celebrated her 57th birthday 2 February 2012. It should be noted while it was sunny, when she went outside first thing in the morning, she did not see her shadow;

thus there will not be six more weeks of winter.

Homebound or Infirm

Sara's mother is in a state of deteriorating health, both physically and mentally. On 30 January 2012, she broke her hip and had a partial hip replacement. Please pray for a rapid recovery for her, as well as peace of mind for her and the ability for both Sara and her mother to put their cares and worries on God's shoulders so they can deal with the many problems involved.

Departed

Claranell passed away the morning of 16 February 2012, after a stroke on top of her pre-existing heart problems. Please give thanks for her life here and pray for peace of mind and trust in God for her family who remain behind.

Hal Campbell (Lew and Dotty's Son In Law see below) passed away on 7 February 2012 at the Seattle Veteran's Hospital as the result of a head injury apparently sustained in a fall in his room there. Please pray for his wife Kathy and their two sons as they deal with the loss of their husband and father..

In need of a miracle or understanding of God's Plan

Todd and *Kenny* have both been fighting osteocarcinoma for over five years and have been told their time here on earth is nearing its end, absent a miracle from God. Both are ready to go home and leave the pain, but would like to stay. Please pray for them and their families.

Healing

Izaiah Urista (4) has a brain tumor. He was playing with his older sister, Jade, at McDonald's when she noticed he wasn't using his right side to climb, etc. Jade took her brother to their mother after which they realized he couldn't lift his arm. They took him to the hospital where it was discovered he has a brain tumor. He will undergo about 18 months of chemo to see if the tumor will shrink. At this point they do not think they can do anything else for him. Please pray for strength and guidance for Izaiah and his entire family, as well as provide guidance for medical treatment team.

James L. Cavanah had surgery the afternoon of 10 February 2012, to remove two small but cancerous tumors. James is a minister with the AOC in Savannah, Georgia. Please pray for his recovery and remission from the cancer. Give thanks for the surgery and pray for both him and his family to allow God to carry their worries while he recovers.

Ron Bergman underwent his first cataract surgery on 6 February 2012, and his second on 13 February 2012, both went very well. Give thanks for the great result and pray for internal pressure to continue downward.

Ruby June Hauf, now 8 month old daughter of Jerod and Amy (grandson of Lew and Dotty Valkenaar) had a large growth on her liver. Surgery on 16 January 2012 resulted in the removal of a large tumor surrounding one kidney and is recovering well. She and her family are awaiting a decision on chemotherapy. Lew and Dotty ask that you continue to pray for God's help in healing and appreciate all who have done so. Lew will report again once the decision on further treatment is made. Please give thanks for the apparently successful result, a quick recovery and peace of mind for her family.

Bashir Ahmed, father of Shamim Gray, fell whilst getting out of bed, and gashed his head badly. He has been admitted to the Mayday University Hospital, Croydon, UK.

The CAT scan revealed no serious damage, however doctors diagnosed him as having pneumonia, and also a heart defect, which they only just found. Please pray for the medical team treating Bashir and for trust in God and peace of mind for Bashir and his loving wife, who cares for him. Pray also for their two young nieces living with them who see no real need to help, that God might enter their hearts. Above all, pray for his entire family to open their hearts to accept all God's love will bring them.

Bill Aitken had a third abdominal surgery on 22 November 2011. This time the tumor was removed. The surgeon said pathology indicates the tumor with all margins os out, along with a few lymph nodes and fatty tissue. The tumor is an intermediary (risk) sarcoma, but should not come back. There is a new chemotherapy pill Bill can take for extra precaution; he recommends Bill see an oncologist. Bill has an appointment on 13 December 2011, with the surgeon for follow-up and recommendations going forward. Please give thanks for the surgical team doing their very best, a successful surgery and pray for a good end result. Please pray that Bill might live a long and healthy life to the honor and glory of God. Pray also for peace of mind for Bill and his wife Sara.

Walt Dexter had a stroke the week of 12 September 2011 and is still mostly half paralyzed. Please pray for a full and complete recovery for Walt and for peace of mind for him and his wife Fran.

Gil Garcia is finally home after extended hospitalization for what started as a minor skin problem. Give him a call at (909) 499-3665. He has lost some weight, looks great and is happy to be home. Please pray for peace of mind for Gil and his wife Mary.

Dotty Valkenaar appears to have completely eliminated the reoccurrence of breast cancer with surgery and pills. She is going to have surgery for a shoulder ligament problem on 28 February 2012. Please pray for continued recovery and peace of mind through trust in God for Dotty and Lew, her husband, as well as their entire family.

Lew Valkenaar developed ankle and leg pain and swelling in his lower right leg due to a blood clot. All is going well and he should be done with blood thinning later this spring.

Morris Martin, 91, was hospitalized with pneumonia and lost his ability to swallow; he is still trying to regain his ability to swallow. Give thanks for his great attitude and trust in God. Pray for strength and peace of mind for Morris and his family, in particular his son Paul. Pray for his trust in our Lord and for both him and his family to let God carry their worries while he recovers.

Steve Sundberg had a heart attack after Easter. After some time, the medical team treating him decided he was not a candidate for stents and a five-way heart bypass was performed the week of 6 June 2011. Please pray for his complete recovery and for his three children and family who are very worried about him, pray also for his trust in our Lord and for both him and his family to let God carry their worries while he recovers.

Matt Alcantara, age 15, has Osteosarcoma (bone cancer), a very rare and often lethal form of cancer with limited treatment options. This is a disease that is about 90 percent fatal in a couple of years. He has no hip joint on one side, but he walks and swims! Courage? Guts? You bet! Matt is set up for bone scans at the end of December. Please pray for a good outcome. Thanks be to God for the way things

have gone. Thanks also for the great faith of Matt and his entire family. Their faith and trust is a wonderful example for each and every one of us. But, now is not the time to stop praying. Actually, it never is the time to stop praying!

Shamim Gray underwent a lumpectomy on Saturday 6 November 2010 at Bethesda Naval Hospital, with apparent great result. Please pray for a complete remission of the cancer. Pray also Shamim will maintain her great attitude and trust in God.

Judith Clingwall, is afflicted with Multiple Sclerosis (MS). She is currently in Laurel Place, an extended care facility in Surrey, British Columbia. Judith's condition seems stable a present, although the medication levels have been increased. Please pray for her to take an active part in her own life, for her strength, peace of mind, trust in God and remission of the disease so she might return home to her family. Pray also for strength for her husband Martin as he deals with all the problems and stress of Judith's situation.

Becky Madden is paralyzed from the neck down as the result of a tragic shooting accident. She has made it home and to church in a new donated magic wheelchair. Please pray for further recovery for Becky, as well as strength and guidance for each of those involved.

Betty Macauley, Tim's mom, is currently in a state of failing health. Please pray she will gain interest in life around her and actively pursue life here on earth. Please pray for her family, in particular her son Tim, as they try to help her.

Lauralee underwent a lumpectomy on Friday after Thanksgiving. A further anomaly has been discovered and she had additional preventative radiation treatment. Please pray for a complete remission of the cancer. Pray also Lauralee will maintain her great attitude and trust in God.

Luca, 5 years old, from our church family in Perth, Western Australia, who has just been diagnosed with leukemia. And for his Mum and Dad and extended family.

Greg Chase asks that you pray for his family:

Diane, Greg's wife, has a positive attitude dealing with the ongoing treatment of her ulcerative colitis. They are grateful for a positive attitude and would be pleased to see physical progress.

Phyllis, Greg's mom, has stabilized as the result of the good home care she is receiving and recently celebrated her 89th birthday.

Vince (age 15), reoccurrence of Osteosarcoma, recent testing found a nickel sized tumor in his lungs. The doctors are consulting with a specialist in Houston. Please pray for guidance for the medical team and for peace of mind for Vince and his family.

Obra Gray continues to take day by day. Please continue to keep Obra in your prayers, and give him the strength of knowing the Lord is with him and will never forsake him. Obra needs security of what lies ahead of him, and only the Lord can grant the solace to answer his prayer.

Kay Denton (Mrs. Kay) is still home and doing pretty well considering the bones in her neck and hands are degenerating as a side effect of her kidney failure. Her thumbs are not particularly useful any more. Mrs. Kay asks everyone who is praying for her know how grateful she is for their prayers. As always, she retains her trust in the Lord and her positive attitude

Guidance

Sara asks that you pray for guidance for her as she deals with the stresses of her family and life. Pray that she can separate those things which she can affect from those things which she cannot and give her grace to accept that she cannot do everything and can only change those things within her control.

Steve asks that you pray for difficulties he is having with his family. Please pray that the Holy Ghost will enter into his heart and provide him with the heaven sent inspiration that he needs to see clearly and deal with problems and the courage to do what needs to be done in the manner it should be done.

Jacquie to open her heart to God and accept His Love and Grace.

Hap and *Ryan* both ask you to pray they might be able to trust God will help them make the right decisions at the right time and not to worry uselessly, to change those things they can change, accept those things they cannot change, sleep well to be able to do the correct things with a clear head and that they will open their hearts to the Holy Ghost.

Armed Forces & Contractors

Airman Donny Patton (Kadena AB, Japan), Jordan (USMC – 29 Palms), Neal (USN-Afghanistan), Trevor (USAF - KC-10 Boom Operator), Trevor (USN – Whidbey Island, EF-18 Pilot), Kurt Thomas (USN – Guam),

Persecuted

Around the world, Christians are under attack, not only in the Muslim world, but from Hindus and others in India. Also, they are under continual attack in the name of “Separation of Church and State” in the western world, as it becomes actively atheist or pro-devil buddy. Please pray for God’s guidance and protection for all persecuted Christians and those around them.

Thanksgiving

Jim Thornell gives thanks for a great recovery from gall bladder surgery on 10 January 2012. Give thanks for his trust in God.

Various Special Requests

We ask that you pray, please ask God that the Holy Ghost might give you insight into how you might make the lives of your friends and family better. Remember helping others is not just those who you don’t know!

Please join us in praying that the *Free Teen Guitar Class* will be continue to be an opportunity for God to work in the lives of the kids and their families. Please ask God to guide the class to new opportunities to make Him known to others. Help us to let the love of our Lord shine through us into their lives, putting Him first, so that He might enter in to their hearts and lives.

Need a Bumper Sticker?



The church has some very nice Bumper Stickers. If you would like one, email Hap at hap@faithfulcenturion.org

Question that only you can ask

What would you like to know about our history, what we believe, what we do or how we operate? Hap is looking for material for the continuing education class and *Thought for the Day* material. Help us help you. Please send your question to Hap so we all can get an answer. Just because you don't know the answer to your question doesn't mean you are the only one who doesn't know. But, if you don't ask, no one will know.

I'd like to get a different point across or announce something

If you have a different point of view, I would be happy to give you room to get your point across. While this publication is my perspective on events, I recognize not everyone may agree and that some people would like to express their own opinion. If you want to write something, please forward your item to Hap (with a note as to whether or not you would like editing help) to: hap@faithfulcenturion.org.

Epistleers

We post the list of Epistle Readers in the Sunday Report each week so you can either plan your attendance or your pre-reading as the spirit so moves you.

Date	Reader
4 March 2012	Ryan Hopkins – Lent 02
11 March 2012	Ryan Hopkins – Lent 03
18 March 2012	Ryan Hopkins – Lent 04
25 March 2012	Ryan Hopkins – Lent 05
1 April 2012	Ryan Hopkins – Palm Sunday
8 April 2012	Ryan Hopkins – Easter Sunday
15 April 2012	Ryan Hopkins – First Sunday after Easter
22 April 2012	Ryan Hopkins – Second Sunday after Easter
29 April 2012	Ryan Hopkins – Third Sunday after Easter

The near future, as well as Next Sunday

21 February 2012 – Pancake Breakfast – **0800 (8:00am); Location – 10603 Burrell Way, Descanso, CA**

22 February 2012 – Ash Wednesday - Service start time 1900 (7:00 pm); **Time 1900 (7:00 pm); Location – 10603 Burrell Way, Descanso, CA**

26 February 2012 – First Sunday in Lent – Morning Prayer - Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**

4 March 2012 – Second Sunday in Lent – Morning Prayer - Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**

11 March 2012 – Third Sunday in Lent – Morning Prayer - Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**

18 March 2012 – Fourth Sunday in Lent – Holy Communion - Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**

25 March 2012 – Fifth Sunday in Lent – Morning Prayer - Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**

1 April 2012 – Palm Sunday – Holy Communion - Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**

8 April 2012 – Easter Sunday – Holy Communion – Mite Box Collection – What will we have? Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**

15 April 2012 – First Sunday After Easter – Morning Prayer - Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**

22 April 2012 – Second Sunday After Easter – Morning Prayer - Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**

29 April 2012 – Third Sunday After Easter – Morning Prayer - Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**