



Church of the Faithful Centurion Anglican Orthodox Church

Fourth Sunday after Trinity

Sunday Report



Today was the Fourth Sunday after Trinity Sunday. The weather was picture perfect, bright clear skies at sunrise with 43°F, rising to 79°F by the start of church under those same bright blue skies! Everyone was on time and we ended up with 4 people present for the service.

Gathering Song

Jack Arnold played *Amazing Grace* for the gathering song.

Amazing Grace

Amazing Grace, how sweet the sound
That saved a wretch like me!
I once was lost, but now am found
Was blind, but now I see.

'Twas grace that taught my heart to fear,
And grace my fears relieved;
How precious did that grace appear
The hour I first believed!

Thro' many dangers, toils and snares,
I have already come
'Tis grace has brought me safe thus far
And grace will lead me home.

When we've been there ten thousand
years,
Bright shining as the sun,
We've no less days to sing God's praise
Than when we've first begun.

Once again, the gathering song made such an impression that everyone showed on time so as not to miss the song! You may think it odd we so often play *Amazing Grace*. It is one of our two favorite hymns, Hymn 243, *I sing a song of the saints of God* being the other one. It is one of the all time great hymns with a tremendous message, plus our guitarist has some great solos for it. We are pressing for 243 next week, but we will see.



Propers

Each Sunday there are Propers: special prayers and readings from the Bible. There is a Collect for the Day; that is a single thought prayer, most written either before the re-founding of the Church of England in the 1540s or written by Bishop Thomas Cranmer, the first Archbishop of Canterbury after the re-founding.

The Collect for the Day is to be read on Sunday and during Morning and Evening Prayer until the next Sunday. If you have a hard time remembering, "Do I read the Collect from last Sunday or next Sunday during the week?" Remember Sunday is the first day of the week. There are also two Bible readings, the Epistle and the Gospel. While they are "lessons", they are not the First Lesson and the Second Lesson, they are the Epistle and the Gospel. The Epistle is normally a reading from one of the various Epistles, or letters, in the New Testament. The Gospel is a reading from one of the Holy Gospels, Matthew, Mark, Luke and John. The Collect is said by the minister as a prayer, the Epistle can be read by either a designated reader (as we do in our church) or by one of the ministers and the Holy Gospel, which during the service in our church is read by an ordained minister.

The propers are the same each year, except if a Red Letter Feast, that is one with propers in the prayerbook, falls on a Sunday, then those propers are to be read instead, except in a White Season, where it is put off. Red Letter Feasts, so called because in the Altar Prayerbooks the titles are in red, are special days. Most of the Red Letter Feasts are dedicated to early saints instrumental in the development of the church, others to special events. Some days are particularly special and the Collect for that day is to be used for an octave (eight days) or an entire season, like Advent or Lent.

The Propers for today are found on Page 194-194, with the Collect first:

Fourth Sunday after Trinity.

The Collect.

O GOD, the protector of all that trust in thee, without whom nothing is strong, nothing is holy; Increase and multiply upon us thy mercy; that, thou being our ruler and guide, we may so pass through things temporal, that we finally lose not the things eternal. Grant this, O heavenly Father, for the sake of Jesus Christ our Lord.
Amen.

Ryan Hopkins read the Epistle, which came from the Eight Chapter of St. Paul's Letter to the Romans, beginning at the Eighteenth Verse. Paul tells us that walking God's path, though it may seem hard at the time, is nothing compared to the reward we receive in heaven for following God's will. God gave us free will, which if we exercise it properly, that is the will to overcome temptation. What at first seems like a constrained way of living, once actually lived is really perfect freedom. If we overcome temptation to do what we want and do what God wants, we will receive the gift of eternal salvation through our Lord Jesus Christ. For until Christ, there was no delivery from the pain of worldly existence; through Christ there is redemption of our souls and our resulting bodily resurrection.



IRECKON that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us. For the earnest expectation of the creature waiteth for the manifestation of the sons of God. For the creature was made subject to vanity, not willingly, but by reason of him who hath subjected the same in hope, because the creature itself also shall be delivered from the bondage of corruption into the glorious liberty of the children of God. For we know that the whole creation groaneth and travaileth in pain together until now. And not only they, but ourselves also, which have the firstfruits of the Spirit, even we ourselves groan within ourselves, waiting for the adoption, to wit, the redemption of our body.

Deacon Striker Jack Arnold read today's Gospel started in the Sixth Chapter of the Gospel according to St. Luke, beginning at the Thirty-Sixth Verse. This is a simple message, yet often misunderstood, with majestic language that brings the message to a point of incredible sharpness. "Judge not, and ye shall not be judged; condemn not, and ye shall not be condemned; forgive, and ye shall be forgiven; give and it shall be given unto you... ...Can the blind lead the blind? Shall they not both fall into the ditch?" "... why beholdest thou the mote that is in the brother's eye, but perceivest not the beam that is in thine own eye? ...How canst thou say to thy brother, Brother let me pull out the mote that is in thine eye, when thou thyself beholdest no the beam that is in thine own eye?" This is often quoted, but the following sentence is left out, "Cast out first the beam out of thine own eye, then shalt thou see clearly to pull out the more that is in thy brother's eye."



Only when we first take care of our own spiritual health, look to our own relationship to God and evaluate and improve how we follow His Word, we will be able to effectively spread the Word of His love for us.

BE ye therefore merciful, as your Father also is merciful. Judge not, and ye shall not be judged: condemn not, and ye shall not be condemned: forgive, and ye shall be forgiven: give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again. And he spake a parable unto them, Can the blind lead the blind? shall they not both fall into the ditch? The disciple is not above his master: but every one that is perfect shall be as his master. And why beholdest thou the mote that is in thy brother's eye, but perceivest not the beam that is in thine own eye? Either how canst thou say to thy brother, Brother, let me pull out the mote that is in thine eye, when thou thyself beholdest not the beam that is in thine own eye? Thou hypocrite, cast out first the beam out of thine own eye, and then shalt thou see clearly to pull out the mote that is in thy brother's eye.

Sermon – Time and Action

Today's sermon discussed both the Epistle and Gospel. God helps them who want help and act accordingly. He created us with free will, imperfect selfish creatures with a mind of their own. What was He thinking? Don't you ever wonder?

With this free will, we can choose to have a "great time" like Pinocchio on Donkey Island or we can choose to follow the instruction He left us in the Bible and have a really great time forever. It is our choice. We must make it. If we make the right choice, we get the right result; eternal life, body and soul. Starting the instant we make the choice, not when we die. For, we will never die if we have The Right Stuff¹.

If we want to effectively follow our Lord, we need to make a constant comparison of what we are doing compared to what we should be doing. An OODA Loop. The OODA loop (for Observe, Orient, Decide, and Act) is a concept originally applied to the combat operations process, developed by Colonel John Boyd, USAF. If we operate in a vacuum and do not compare what we are doing with what we should be doing, we often find it easy to note the fault in others. While we are busy noting their faults, they are likewise busy noting we are not doing what our Lord told us to do. When they note that, they are likely to find little compelling in Christianity. So, spend your first time working on your faults so you can be a good example, rather than a bad one, to others. Try not to be the Mote in God's Eye!

New Nametags

We had no new nametags today.

Birthdays and Anniversaries

We had no anniversaries today, but we celebrated Ryan Hopkins' 21st birthday with him! Ryan is one of our two Epistleers and a fine young man.

After Church Hospitality

Dru Arnold brought snacks today. Sadly, we were reduced to low carb snacks, but they were good nonetheless! Thank you very very much. On the other hand, the gross weight reduction program is doing well and we get to go to lunch today at Fred's!

After church goodies providers as currently signed up:

Date	Name
17 July 2011	Dru Arnold
24 July 2011	Dru Arnold
31 July 2011	Dru Arnold
7 August 2011	Opportunity Available
14 August 2011	Opportunity Available
21 August 2011	Opportunity Available
28 August 2011	Opportunity Available
4 September 2011	Opportunity Available
11 September 2011	Opportunity Available

People in our Prayers - <http://faithfulcenturionprayerteam.blogspot.com/>

Why? Prayer is an extremely important activity.

It is not that God knows not our needs, for He surely does. Yet, Jesus commanded us to ask God for those same needs. In addition to the obvious of asking God for help,

¹ That would be our Lord and Savior Jesus Christ for those who need the hint!

offering thanksgiving and the like, prayer helps us focus our thoughts on how we might do God's work.

The Prayer Team of the Church of the Faithful Centurion was established to help our members and fellow Christians pray for those in need and to give thanks as well for the blessings we have been granted.

Who can be on the list? Do I have to be a member of the Church of the Faithful Centurion to be prayed for?

No! The only qualification to be on the list is that you want our prayer team to pray for you. We are Christians and are happy to pray for you, no matter who you are. If you want help from God, you are our kind of people.

What is the commitment from the prayer team?

Each member of the team will pray for the desired outcome at least once per day.

How do I get myself or someone else on the prayer list?

You can email one of the prayer team leaders: Jack - jack@faithfulcenturion.org or Dru - dru@faithfulcenturion.org, or call the church office at (619) 659-3608 or fill out a prayer card at church.

What should I ask for?

Depends on what you want. Some people merely want God to be asked to heal their ills and be mentioned by their first name, others want a specific outcome and / or have more of their personal information known to the team. Ask for what you want. It is your desire and need for prayer the team is attempting to meet. For typical examples, see the list below.

Updating the Team

If you are on our prayer list, or if you have submitted a person that you have asked us to pray for, please update one of the team members or Hap in person, by telephone or email. It helps to be able to pray specifically for these individuals including their specific needs; plus if they get better, it is nice to give thanks!

Please note that on the yellow (maybe green or orange if you get an old one) cards at church, you can ask that those to be prayed for have their names disseminated to the prayer team. Those names will be said in church and appear here. Or, you can ask that their names and purpose be kept confidential, then only Hap will know to pray for them.

Prayer List Notice – If you have someone on the prayer list and their needs have changed, please let us know. We'd like to update our prayers to reflect the need and most important to give thanks!

Travel

Shamim, Zachary, Aaron and Nadia are on travel to Pensacola.

Birthday

Ryan Hopkins celebrated his 21st birthday 14 July 2011.

Bucky Starlin celebrated his 63rd birthday 8 July 2011.

Sara Simmons celebrated her birthday 9 July 2011.

Roderic McChesney celebrated his 90th birthday on 22 June 2011.

In need of a miracle or understanding of God's Plan

Todd and Kenny have both been fighting osteocarcinoma for over five years and have been told their time here on earth is nearing its end, absent a miracle from God.

Both are ready to go home and leave the pain, but would like to stay. Please pray for them and their families.

Peaceful Transition

Otis is in hospice care.

Beatrice

Departed

Mahmud (age 6) died on 7 June 2011, after heart surgery in the Philippines. Mahmud was born with a hole in one of his heart valves and was nearing the end of his time here on earth when Michael Harrington came across him on vacation. Michael funded the needed surgery. The surgery was apparently successful, but Mahmud died shortly thereafter. Please pray for Mahmud, an only child, and his family and give thanks for the action by Michael.

Beatrice

Healing

Baby Thomas Ellis born the afternoon of 12 July 2011 to Katie and Andrew in the UK with complications and he is in intensive care. There is good news in that on Friday, 15 July 2011, he came off the ventilator. If all goes well, they will be able to hold him on Saturday, 16 July 2011. There will be an MRI on Monday, 18 July 2011. His family have asked that you please pray for guidance for the medical team treating him, for physical and spiritual strength, trust in our Lord and comfort for Baby Thomas and for his family, in particular his parents Katie and Andrew. Please give thanks for the good result so far and pray for his continued progress.

Loretta Walker underwent gall bladder surgery on Friday, 1 July 2011. The surgery was expected to go fairly smoothly, but there was more to it than expected. She required a second surgical attempt, which did not solve the problem. She was home recovering and gaining strength, but developed an infection in her kidneys and pancreas. She is now back in the hospital treating those problems and a dehydration issue while the medical people evaluate the next step. Please pray for the medical personnel treating her to pay attention and do their best, as well as for a successful result. Please pray for her to keep a good attitude, trust in the Lord, as well as eat and drink when she goes home. Pray for her family, in particular her daughters Patty and Jenny who are taking care of her. Please give thanks for her successful surgery and pray for a complete return to health. Please pray for peace of mind for Loretta and his family, in particular her daughters who are there to help her. Pray for her trust in our Lord and for both her and her family to let God carry their worries while she recovers.

Morris Martin, 91, was hospitalized with pneumonia, he in rehab now and doing well, but irritated by having a feeding tube in until his throat can heal and be retrained. Please give thanks for his recovery and pray for a complete return to health. Morris is set for an evaluation of his ability to swallow on 21 July 2011, if results are acceptable, he gets to have the feeding tube removed. Please pray for good test results, peace of mind for Morris and his family, in particular his son Paul who is there to help him. Pray for his trust in our Lord and for both him and his family to let God carry their worries while he recovers.

Steve Sundberg had a heart attack after Easter. After some time, the medical team treating him decided he was not a candidate for stents and a five-way heart bypass was performed the week of 6 June 2011. Please give thanks for an apparently very successful surgery and also pray for his complete recovery and

for his three children and family who are very worried about him, pray also for his trust in our Lord and for both him and his family to let God carry their worries while he recovers.

Matt Alcantara, age 15, has Osteosarcoma (bone cancer), a very rare and often lethal form of cancer with limited treatment options. This is a disease that is about 90 percent fatal in a couple of years. He has no hip joint on one side, but he walks and swims! Courage? Guts? You bet! Matt's scans on 20 June 2011, were CLEAN! Thanks be to God for the way things have gone. Thanks also for the great faith of Matt and his entire family. Their faith and trust is a wonderful example for each and every one of us. But, now is not the time to stop praying. Actually, it never is the time to stop praying!

Andrew Scally was hospitalized with pneumonia, he is home now and doing very well, spending more and more time off the supplemental oxygen. Please give thanks for his recovery and pray for a complete return to health. Please pray for peace of mind for Andrew and his family, in particular his son Keith who has been there to help him. Pray for his trust in our Lord and for both him and his family to let God carry their worries while he recovers.

Won King underwent surgery the week after Memorial Day. She is now home, but doctors had difficulty stabilizing her blood thinning medication levels; but all seems fine now. Please give thanks for the successful surgery and medication setting.

Bill Aitken had a full knee replacement on 18 April 2011. He had an infection which now seems under control and he seemed to be healing and gaining strength. The weekend of the Fourth of July, he ended up in the hospital with a hiatal hernia, some unknown virus, H. Pylori bacterial infection, etc. He is in line for an endoscopy to decide to where we go from here. Please give thanks for the progress and pray for guidance for the team treating Bill and for his recovery. Pray also for guidance for him and his wife Sara.

Melanie Zimmers has what appears to be a badly bulged disc at C5-C-6 which is causing radiating pain down her right arm and numbness in her thumb and forefinger. She has been in physical therapy and is set to undergo epidural injections in July 2011. Please pray for resolution of her problem and a good attitude while a means to solve the problem is found.

Hal Campbell underwent apparently successful surgery for a cancerous lesion on the inside of his cheek and the associated lymph node on 7 March 2011, at the VA hospital in Seattle. Friday, 17 June 2011, his 62nd birthday, he started his first food by mouth since he finished six weeks of follow up Chemo and Radiation treatment to hopefully eradicate and cancerous cells that might have remained. Please pray for him to be able to eat so that he can have the feeding tube removed, for remission of the cancer and most of all for his acceptance of Christ.

Kyle Thompson, CPL USMC was injured was seriously wounded while on foot patrol in Helmand Province of Afghanistan on 25 October 2010. He has been released to Camp Pendleton on casual status until his medical condition is clear. Likely he will be medically discharged.

You can reach out to him by emailing his father, Mike Thompson, at miket4k@yahoo.com. We may have a new address soon.

Todd Love, CPL USMC was seriously wounded while on foot patrol in Helmand Province of Afghanistan on 25 October 2010. Todd and his squad leader, *Kyle*

Thompson, were hit by an Improvised Explosive Device (IED) during a routine patrol. The IED took both of Todd's legs and part of his left arm. Pray for peace of mind, courage and healing for Todd. Pray for the medical teams treating him.

Send Todd a note or log on to <http://www.caringbridge.org/visit/toddlove>.

Shamim Gray underwent a lumpectomy on Saturday 6 November 2010 at Bethesda Naval Hospital, with apparent great result. Please pray for a complete remission of the cancer. Pray also Shamim will maintain her great attitude and trust in God.

Judith Clingwall, afflicted with Multiple Sclerosis (MS), suffered a major setback in her coping with the disease. She is currently in an extended care facility. Please pray for her strength, peace of mind, trust in God and remission of the disease so she might return home to her family. Pray also for strength for her husband Martin as he deals with all the problems and stress of Judith's situation.

Becky Madden is paralyzed from the neck down as the result of a tragic shooting accident. She has made it home and to church in a new donated magic wheelchair. Please pray for further recovery for Becky, as well as strength and guidance for each of those involved.

Betty Macauley, Tim's mom, is currently in a state of failing health. Please pray she will gain interest in life around her and actively pursue life here on earth. Please pray for her family, in particular her son Tim, as they try to help her.

Lauralee underwent a lumpectomy on Friday after Thanksgiving. A further anomaly has been discovered and she had additional preventative radiation treatment. Please pray for a complete remission of the cancer. Pray also Lauralee will maintain her great attitude and trust in God.

Luca, 5 years old, from our church family in Perth, Western Australia, who has just been diagnosed with leukemia. And for his Mum and Dad and extended family.

Jere Wolfe, Melanie Zimmers' dad, has cardiomyopathy, a weakening of the heart muscle. The pacemaker installation helped a lot, but he lost ¼ of his weight, so he has to fight his way back. He is getting stronger, but not gaining weight. He now has a bladder infection and is concerned because of the significantly adverse reaction he had to the antibiotics last time. Keep praying for his continued recovery and for him Jere to maintain his trust in the Lord.

Doreen Wolf, mother of Melanie Zimmers, is recovering from Bell's Palsy and still has a bit of difficulty with her foot, but she is mobile, for which she gives thanks.

Greg Chase asks that you pray for his family:

Diane, Greg's wife, to see some positive physical signs for the ongoing treatment of her ulcerative colitis, now she is suffering the effects of shingles

Phyllis, Greg's mom, to gain physical strength to overcome her frailties after her recent "small" stroke.

Wilma - Healing

Vince (age 13), reoccurrence of cancer, recent testing found a nickel sized tumor in his lungs. The doctors are consulting with a specialist in Houston. Please pray for guidance for the medical team and for peace of mind for Vince and his family.

Obra Gray continues to take day by day. Please continue to keep Obra in your prayers, and give him the strength of knowing the Lord is with him and will never forsake him. Obra needs security of what lies ahead of him, and only the Lord

can grant the solace to answer his prayer.

Bashir Ahmed, father of Shamim Gray, has been blessed with the Lord's breath of life to stay on this earth for the time being. But, things are hard for him and his loving wife, who cares for him. They have two young nieces living with them who see no real need to help, pray for God to enter their hearts. Above all, pray for his entire family to open their hearts to accept all God's love will bring them.

Kay Denton (Mrs. Kay) is still home and doing pretty well considering the bones in her neck and hands are degenerating as a side effect of her kidney failure. Her thumbs are not particularly useful any more. Mrs. Kay asks everyone who is praying for her know how grateful she is for their prayers. As always, she retains her trust in the Lord and her positive attitude

Guidance

Steve asks that you pray for difficulties he is having with his family. Please pray that the Holy Ghost will enter into his heart and provide him with the heaven sent inspiration that he needs to see clearly and deal with problems and the courage to do what needs to be done in the manner it should be done.

Jacquie to open her heart to God and accept His Love and Grace.

Hap asks you to pray that he might be able to trust God will help him make the right decisions at the right time and not to worry uselessly and that he will open his heart to the Holy Ghost.

Armed Forces & Contractors

Airman Donny Patton (RAF Mildenhall, UK), Jordan (USMC – AIT), Neal (USN-Afghanistan), Trevor (USAF - KC-10 Boom Operator), Trevor (USN – Pilot Training),

Persecuted

Around the world, Christians are under attack, not only in the Muslim world, but from Hindus and others in India. Also, they are under continual attack in the name of "Separation of Church and State" in the western world, as it becomes actively atheist or pro-devil buddy. Please pray for God's guidance and protection for all persecuted Christians and those around them.

Thanksgiving

Tuck, Robi and Ali are grateful for return from safe travel to the UK.

Obra, Shamim, Zachary, Aaron and Nadia are grateful for return from safe travel to the UK.

Don, Sandy and Nick are grateful for return from safe travel to the UK.

Bill who has battled a drinking problem which has adversely impacted his life and the lives of those around him has not had a drink in several weeks. For that he and his family give particular thanks.

Various Special Requests

We ask that you pray, please ask God that the Holy Ghost might give you insight into how you might make the lives of your friends and family better. Remember helping others is not just those who you don't know!

Please join us in praying that the *Free Teen Guitar Class* will be continue to be an opportunity for God to work in the lives of the kids and their families. Please ask God to guide the class to new opportunities to make Him known to others. Help us to let the love of our Lord shine through us into their lives, putting Him first,

so that He might enter in to their hearts and lives.

Question that only you can ask

What would you like to know about our history, what we believe, what we do or how we operate? Hap is looking for material for the continuing education class and *Thought for the Day* material. Help us help you. Please send your question to Hap so we all can get an answer. Just because you don't know the answer to your question doesn't mean you are the only one who doesn't know. But, if you don't ask, no one will know.

I'd like to get a different point across or announce something

If you have a different point of view, I would be happy to give you room to get your point across. While this publication is my perspective on events, I recognize not everyone may agree and that some people would like to express their own opinion. If you want to write something, please forward your item to Hap (with a note as to whether or not you would like editing help) to: hap@faithfulcenturion.org.

Epistle Readers

We post the list of Epistle Readers in the Beadle's Report each week so you can either plan your attendance or your pre-reading as the spirit so moves you.

Date	Reader
24 July 2011	Dru Arnold
31 July 2011	Ryan Hopkins
7 August 2011	Ryan Hopkins
14 August 2011	Dru Arnold
21 August 2011	Ryan Hopkins
28 August 2011	Dru Arnold

The near future, as well as Next Sunday

Sunday

24 July 2011 – Fifth Sunday after Trinity – Morning Prayer - Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**

Sunday

31 July 2011 – Sixth Sunday after Trinity – Morning Prayer - Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**

Sunday

7 August 2011 – Seventh Sunday after Trinity – Holy Communion - Service start time 1000 (10:00 am); welcome or gathering songs before the service at 0945 (9:45 am); **Time 1000 (10:00 am); Location – 10603 Burrell Way, Descanso, CA**